Case 2:24-cv-02096-JXN-SDA Document 39-2 Filed 04/18/25 Page 1 of 22 PageID:

03.15 11 p.m 09 24 2024 1 8003523015 115 1/24/24 03:14PM EDT psychiatric care associates, Wei Wang, MD -> David Ercolano (2 fa 15) 9737795437 Pg 1/25

#### psychiatric care associates, Wei Wang, MD

Phone: 2014084487 Fax: 8003523015 220338



To: David Ercolano (2 faxes)	From: Wel Wang
Fax: 9737795437	Pages: 25
Re: Medical Records for LC	Date: September 24, 2024

Medical Records for Lauren Carminucci Diagnosis and medication list. DOS: 8/8/24, 8/15/24, 8/29/24, 8/30/24, 9/01/24, 9/07/24, 9/16/24

Filed 04/18/25 Page 2 of 22 PageID: Case 2:24-cv-02096-JXN-SDA Document 39-2

**Psychiatric Care Associates** 

03 13 11 p.m 09 24 2024 2 8003523015 116 3/24/24 03:14PM EDT psychiatric care associates, Wei Wang, MD -> David Ercolano (2 fa 15) 9737795437 Pg 2/25

PATIENT

DOB

**FACILITY** 

Lauren Cigna Carminucci

AGE

35 yrs

SEX Female CL355535 PRN

07/19/1989 T (201) 408 4487

F (800) 352-3015

35 W. Hudson Avenue

Englewood, NJ 07631

Diagnoses			
Current	ACUITY	START	STOP
(F41.1) Generalized anxiety disorder	Chronic		
(F43.10) Post-traumatic stress disorder, unspecified	Chronic		
Historical	ACUITY	START	STOP
(F32.9) Major depressive disorder, single episode, unspecified	Chronic		08/29/2024

wapractice fusion

03 13 11 pm 09-24-2024 3 8003523015 117 1/24/24 03:14PM EDT psychiatric care associates, Wei Wang, MD -> David Ercolano (2 fz 9737795437 Pg 3/25

PATIENT

PRN

**FACILITY** 

Lauren Cigna Carminucci

**Psychiatric Care Associates** 

DOB 07/19/1989 35 yrs AGE SEX Female CL355535

T (201) 408-4487 F (800) 352-3015 35 W. Hudson Avenue Englewood, NJ 07631

Medications			
ub transplaturungku ustatukun aru-usuri ulkean arukkun dakuna burkaturun terkin terken asukki (1966-1977) en k Active	SIG	START/STOP	ASSOCIATED DX
Cariprazine HCl (Vraylar) 1.5 MG Oral Capsule	Take 1 capsule by mouth daily	08/29/24 -	•
Clonazepam (clonazePAM) 0.125 MG Oral Tablet Disintegrating	1 tablet at night po qhs	08/08/24 -	*
Quetiapine Fumarate (SEROquel) 100 MG Oral Tablet	Take 1 tablet by mouth daily at bedtime	09/07/24 -	•
Top ramate (Topamax) 25 MG Oral Tablet	take 1 tablet by mouth at night everyday	09/23/24 -	#
Historical	SIG	START/STOP	ASSOCIATED DX
Quetiapine Fumarate (SEROquel) 25 MG Oral Tablet	Take 1 tablet by mouth daily at bedtime	08/07/24 - 08/29/24	***
Quetiapine Fumarate (SEROquel) 25 MG	Take 2 tablets by mouth 2	08/28/24 -	*
Oral Tablet	times per day	09/07/24	
Sertraline HCl 100 MG Oral Tablet	1.5 tabs QAM PO	08/07/24 -	anga paggangan angang mendebengan pin bida dalah
		08/29/24	
Sertraline HCI 50 MG Oral Tablet		- 08/08/24	*

practice fusion

Case 2:24-cv-02096-JXN-SDA	Document 39-2	Filed 04/18/25	Page 4 of 22 PageID:
THE RESIDENCE OF THE PROPERTY	440		3

03 43 11 pm 09 24 2014 4 8003523015 118 3/24/24 03:14PM EDT psychiatric care associates, Wei Wang, MD -> David Ercolano (2 fz 35) 9737795437 Pg 4/25

Suren Carminucci         Psychiatric Care Associates         Office Visit           Suren Carminucci         Suren Carminucci         NOTE TYPE         SOAP Note           Suren Carminucci         7 (201) 408-4487         SEEN BY         Wei Wang M D M.D           Size         35 yrs         SEEN BY         Wei Wang M D M.D           Six         Female         Six Hudson Avenue         AGE AT DOS         35 yrs           AN         CL35535         Englewood, NJ 07631         AGE AT DOS         35 yrs           Appt time: 8/8/2024 12:00:00 PM) (Arrival time: 2:27 PM) Meaningful Use, MC         Sis a stay-at-home mom.         AGE AT DOS         35 yrs	SEX DATE OF BIRTH 07/19/1989 FTHNICITY CCI DATE OF DEATH CL355535 STATUS Active patient	s St. CONTACT BY LaurenAcarminucci@gmail  HOME PHONE .  MOBILE PHONE .  OFFICE PHONE .  OFFICE EXTENSION .	DATIENT'S MOTUED'S MAIDEN NAME
suren Carminucci 308 07/19/1989 35 35 yrs 36 35 yrs 37 CL355535 38 CL355535 39 CL355535 30 CL355535 30 CL355535 31 Camplaint 32 a stay-at-home mom. 33 a stay-at-home mom. 34 Patient identifying details and demographics	Lauren	300 Coles St. Apt# 1909 Jersey City NJ 07310	a de commune manuscripto, e cabalante que major e que propriedo de desenda e da cabalante de cabalante de caba
auren Carminucci  DB 07/19/19  SE 35 yrs  X Female  N CL35553  hief complaint  ppt time: 8/8/2024 12:00  is a stay-at-home mom.	HRST NAME WIDDLE NAME AST NAME SSN	ADDRESS LINE 2 ADDRESS LINE 2 CITY STATE	AMILY INFORMATION VEXT OF KIN

Case 2:24-cv-02096-JXN-SDA Document 39-2 Filed 04/18/25 Page 5 of 22 PageID:

03 16 43g n 09 24 2024 [1] 8003513515 119

3/24/24 03:17PM EDT psychiatric care associates, Wei Wang, MD -> David Ercolano (2 fa 97) 9737795437 Pg 1/25

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Height	the day depending a name of the dependence of the dependence of the definition of the dependence of th	2	08/U//24 2:30 PM
			65 in
Weight			108 lb
BMI			17.97
Diagnoses			
Nas diagnosis reconciliation completed?			
urrent	ACUITY	START	5700
F41.1) Generalized anx ety disorder	Chronic		HI I I I I I I I I I I I I I I I I I I
F43.10) Post-traumatic stress disorder, unspecified	Chronic		
istorical	ACUITY	START	STOP
F32.9) Major depressive disorder, single episode, unspecified	Chronic		08/29/2024
Orug Allergies		AND	
Nas medication allergy reconciliation completed?			
Active	SEVERI	SEVERITY/REACTIONS	ONSET
Patient has no known drug allergies			
Food Allergies	10 10 M 1		
(chive	SEVER	SEVERITY/REACTIONS	ONSET
No food allergies recorded			was was a second and a second of the second
Environmental Allergies			
ACTIVE	SEVERI	SEVERITY/REACTIONS	ONSET

Case 2:24-cv-02096-JXN-SDA Document 39-2 Filed 04/18/25 Page 6 of 22 PageID:

03:16 43pm th 24 2024 2 8003523015 120 3/24/24 03:17PM EDT psychiatric care associates, Wei Wang, MD -> David Ercolano (2 fa 15) 9/37795437 Pg 2/25

SIG			
		START/STOP	ASSOCIATED DX
Cariprazine HCI (Vraylar) 1.5 MG Oral Capsule Take	ke 1 capsule by mouth daily	08/29/24 -	,
EScript (verified): 08/29/24 Prescriber: Wei Wang M D M.D SIG: Take 1 capsule by mouth daily Refills; 2 Quantity: 30 EScript (cancellation requested): 08/29/24 Prescriber: Wei Wang M D M.D SIG: Take 1 capsule by mouth daily Refills: 2 Quantity: 30	IG: Take 1 capsule by mouth daily Refills: Vang M D M.D SIG: Take 1 capsule by mo	2 Quantity: 30 rth daily Refills: 2 Quantity: 30	gardinis de a destrucción de como de destrucción de en entre en entre de de
Clonazepam (clonazePAM) 0.125 MG Oral Tablet 1 to Disintegrating	1 tablet at night po qhs	08/08/24 -	
EScript (verified): 09/07/24 Prescriber: Wei Wang M D M.D SIG: 1 tablet at night po qhs Refills: 0 Quantity: 30 EScript (verified): 08/08/24 Prescriber: Wei Wang M D M.D SIG: 1 tablet at night po qhs Refills: 0 Quantity: 30	ilG: 1 tablet at night po qhs Refills: 0 Quai ilG: 1 tablet at night po qhs Refills: 0 Quai	ntity: 30 ntity: 30	er en elde de en
Quetiapine Fumarate (SEROquel) 100 MG Oral Tablet Tak	Take 1 tablet by mouth daily at bedtime	09/07/24 -	
Escript (verified): 09/07/24 Prescriber: Wei Wang M D M.D SIG: Take 1 tablet by mouth daily at bedtime Refills: 0 Quantity: 30 Escript (verified): 08/29/24 Prescriber: Wei Wang M D M.D SIG: Take 1 tablet by mouth daily at bedtime Refills: 0 Quantity: 30	iiG: Take 1 tablet by mouth dai'y at bedtii iiG: Take 1 tablet by mouth daily at bedtii	ne Refills: 0 Quantity: 30 ne Refills: 0 Quantity: 30	
SiG		START/STOP	ASSOCIATED DX
Quetiapine Fumarate (SEROquel) 25 MG Oral Tablet Take	ke 1 tablet by mouth daily at bedtime	08/07/24 - 08/29/24	1
Script (recorded): 08/15/24 Prescriber: Wei Wang M D M.D SIG: Take 1 tablet by mouth daily at bedtime Refills: 0 Quantity: 60 EScript (refill request): 08/08/24 Prescriber: Wei Wang M D M.D SIG: Take 1 tablet by mouth daily at bedtime Refills: 0 Quantity: 30	SIG: Take 1 tablet by mouth daily at bedti M.D SIG: Take 1 tablet by mouth daily at l	me Refills: 0 Quantity: 60 sedtime Refills: 0 Quantity: 30	hand statement of the s
Quetiapine Fumarate (SEROquel) 25 MG Oral Tablet Take	ke 2 tablets by mouth 2 times per day	08/28/24 - 09/07/24	1
EScript (cancellation denied): 08/29/24 Prescriber: Wei Wang M D M.D SIG: Take 2 tablets by mouth 2 times per day Refills: 0 Quantity: 120	g M D M.D SIG: Take 2 tablets by mouth	times per day Refills: 0 Quan	tity: 120
Sertraline HCI 100 MG Oral Tablet	1.5 tabs QAM PO	08/07/24 - 08/29/24	
EScript (cancellation requested): 08/15/24 Prescriber: Wei Wang M D M.D SIG: 1.5 tabs QAM PO Refills: 0 Quantity: 45 EScript (verified): 08/08/24 Prescriber: Wei Wang M D M.D SIG: Take half of a tablet by mouth daily in the morning Refills: 0 Quantity: 30	Vang M D M.D SIG: 1.5 tabs QAM PO Refil sIG: Take half of a tablet by mouth daily ir	ls: 0 Quantity. 45 the morning Refills: 0 Quanti	y: 30
Sertraline HCl 50 MG Oral Tablet		- 08/08/24	•
Past medical history			parties of the control of the contro
SOCIAL HISTORY			

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03 15 43 p m 09 24 2024 3 8003523015	121		3

03 18 41 pm 09 24 2024 3 6003522015 121 3/24/24 03:17PM EDT psychiatric care associates, Wei Wang, MD -> David Ercolano (2 fz 15) 9737795437 Pg 3/25

ONSET DATE  Vo Family health history recorded  RAMILY HEALTH HISTORY (FREE TEXT)			
		Family health history recorded IILY HEALTH HISTORY (FREE TEXT)	
-AMILY HEALTH HISTORY (FREE TEXT)	:AMILY HEALTH HISTORY (FREE TEXT) No family health history (free text)	IILY HEALTH HISTORY (FREE TEXT)	
	No family health history (free text)	formally in a like the second of the second	RY (FREE TEXT)

#### **Objective**

Comprehensive Mental Status

Appearance: adequately dressed and adequately groomed, pleasant and cooperative.

AAO x 3

Mood or Affect: (Sad, Depressed/Expansive/Labile/Happy/ Anxious) vitamin d3, 2500, multi vitamin

Speech: (/**Soft/**Loud/Pressured/Irregular/Regular) Thought process: ( Tangential, Circumstantial, Flight of Ideas, Looseness of Association)doing well.

Psychomotor Activity: Hyper/**Agitated/Restless/Slow/**Retardation) picking on her feet

Delusions (Yes or No)

Hallucinations (Yes or No)

Paranoia (Yes or No)

Insight/judgment to mental illness or addiction: (Limited//Impaired/Fair)

Motivation to Change (Yes or No)

Suicidal ideation (Yes or No)

Intend (Yes or No) Plan (Yes or No)

Homicidal ideation (Yes or No)

Intend (Yes or No) Plan (Yes or No).

Memory (short term and long term) (slightly or remarkably impaired or intact)

Abstract Thinking (concrete, not psychologically minded, age-appropriate)

### Assessment

Mease keep one copy in your wallet.

lease print out this in your study or bathroom, or kitchen

or. Wang's regimen for vitamins is: (1/2 the doses for children)-

specially breast cancer. For women above the age of 30 years and with no personal and family history of kidney stones, the USFDA recommendation for Calcium is 500mg. 2. Vitamin D3 2000-5000 IUs until serum level reaches 50-70. (No familial history or personal history of kidney stones ). Boost up the immune system, and prevent cancer, . Advise B complex if the vascular disease in the family or self An additional B12 500mg daily to prevent stroke, improve memory and enhance soft tissue healing.

1200mg. For men, please ask your primary care doctor for the recommended dosage for you.

3. Multivitamin daily (anti-cancerous)

1, Vitamin C when somebody is sick in the family or a patient is sick due to a virus infection. 3000-5000 daily for one week. Maintenance Vitamin C is optional(1000mg)

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Case 2:24-cv-02096-JXN-SDA	Ducument 39-2	FIIEU 04/10/20	Paue o ul 22 Paueid.

03 15 43 pm 09 24 2024 4 8003523015 122
1/24/24 03:17PM EDT psychiatric care associates, Wei Wang, MD -> David Ercolano (2 for 18) 9737795437 Pg 4/25

7. As well as internal Family Systems therapy, by Dr. Richard Schwartz, to work on the parts, to help find and identify different elements and listen to their stories(1). parts work e., these are why acupuncture, acupressure massage, or massage, chiropractor, yoga, taichi, q'gong, dancing, singing, theater, martial arts, especially Alkido (Dr. W's favorite); as a definitive guide to your inner self; (2), textbook; internal family system therapy by Dr. Richard Schwartz). (3.) Audiobook: Body keeps the scorebook by Bessel van der Kolk. 5. Dr. Wang also recommends brisk walking outdoors, 2-3x /week, 10-15 minutes. Alone without a dog or another person. Dr. Oz recommends 20 mins strength training every

5. Methyfolate 7.5mg for patients with depression; you can buy a stockpile bottle from Amazon. After three months can increase to 15mg. ( helpful in preventing stroke and

3. Highly encourage patient MOE: conscious outdoor experience, local Audobon society or botanical garden, local yoga center, or local indigenous such as a local museum for a walk (not hiking). Yoga is an outdoor practice; it started outdoors in the forest, including a few postures, tree posts, cobra posts, etc. he marathon is excellent also or running fong distances.

3. In terms of coping skills:

Breathing techniques are encouraged;

2). Distracting with music, fun activities, and tapping technique(please reference Youtube)

3). Problems-focused stress relief technique; Affirming pt's positive attributes two or three times a day, even once (download any positive affirmation or gratitude app)

4). Continuously working on meditation techniques, especially the IFS system, Yoga, Taichi, tapping technique, and acupuncture

5). Healthy exercise routine;

5). Avoid destructive relationships;

7). Build some positive relationship(s) gradually

3). Build better self-esteem. In the 1970s-1980s, every celebrity had a big house with a swimming pool. Then in the 1980s-1990s, every celebrity had a meditation room. But

now the bragging among celebrities is that they have their acupuncturist

	(s):	apy (Yes)	ology (Yes)	rcho-education on Mental Illness or (and) Addiction Benefit/Risks of Psychotropics (Yes)	
Plan	Treatment plan(s	supportive Therapy (Yes)	>sychopharmacology (Yes)	2sycho-education	

Orders			
AB ORDERS			
Vo orders attached to this encounter.		egelek di digi ili ili erepitat sur sur surman surday di sayy dili - di biyali gang igan a masa san san san di	100 140 140 140 140 140 140 140 140 140
MAGING ORDERS	and the second design of the s	والمراجعة	
No orders attached to this encounter.			1
screenings/ Interventions/ Assessments			
TATEGORY	NAME	STATUS	
ntervention	Case management follow up (procedure)	Performed	
Procedure	Anxiety disorder medication review	Ordered	
ntervention of the first terms o	Depression management program (regime/therapy)	Performed	

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123
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Procedure	Sleep disorder care management	Ordered
ntervention	Weight control education (procedure)	Performed
ntervention	Diet education (procedure)	Performed
Observations		
SATEGORY	NAME	DATE
unctional status	Able to get in and out of a chair	08/08/2024
Cognitive status	Able to comprehend speech	08/08/2024
Cognitive status	Able to comprehend language	08/08/2024
Cognitive status	Able to analyze information	08/08/2024
Quality of care		
Nas diagnosis reconciliation completed?  (es, reconciliation performed		4 to colour the property commence of delayers to the property of the property
Nas medication allergy reconciliation completed?		
Nas medication reconciliation completed? res, reconciliation performed		
Summary of Care record requested and unavailable		algistemmenter am ner manterener en met eingelich aufbraute, minger dies gestallt aus der der der der der der
Occumentation of current medications		Mandard Angles (Angles Angles Ang
Fransfer of Care - incoming		
Patient Decision Aids / Education Materials Given		enalization (e.g., e.g.,
Care plan		

1. Return to clinic on Thursday, August 15, 2024 at 12:00 pm Care Plan:

2. Sertraline raised to 100 mg in the morning. 3. Added Quetiapine (Seroquel) 25 mg at night

Rease follow these direction:

03\*16.43pm 199 24 2024 6 0003523015 124
1/24/24 03:17PM EDT psychiatric care associates, Wei Wang, MD -> David Ercolano (2 fais) 9737795437 Pg 6/25

Quetiapine) 25 mg, Begin with ¼ tablet (use a pill cutter to start). If not sleeping a straight 8hrs, go up to ½ tablet the next night. If still not sleeping straight 8hrs, then go up to 4 tablet, then a 1 whole tablet. Then 1 ½ tablet, then keep going up until 8 hours of sleep is reached. (Highest dose can be 300mg.) If it is too sedating, patient can crush it tarting at a pinch or two pinches at a time. No electronics after taking.

- Hold of on Hydroxyxine 25 mg, do not take for now.
- Clonazepam disintegrating tablets .125 mg at night.
- Chorazepain uniminegrating tablets 1123 ing at ing it.
   Genetic Test sent to patient she will do and send back.
- . Send us an email tomorrow or Saturday if any side effects if patient is sleeping better. Tell us the dosage of Seroquel which makes patient sleep a solid 7 to 8 hours at night. f anything we have to increase or decrease the dosage we will let the patient know.
- 3. Medicatio

ertraline HCI 100 mg tablet, 1 tablet in the morning. Prescription sent 8/8/2024 with a 30 day supply good to 9/7/2024 (Sent to CVS in Target in Jersey City)

seroquel 25 mg tablet, 1 tablet at night or as directed, Prescription sent 8/8/2024 with a 30 day supply good to 9/7/2024 (Sent to CVS in Target in Jersey City)

clonazepam 0.125 MG Oral Tablet Disintegrating, 1 tablet at night, Prescription sent 8/8/2024 with a 30 day supply good to 9/7/2024 (Sent to CVS in Target in Jersey City)

Rease keep one copy in your wallet.

lease print out this in your study or bathroom, or kitchen

- Dr. Wang's regimen for vitamins is: (1/2 the doses for children)-
- I. Advise B complex if the vascular disease in the family or self An additional B12 500mg daily to prevent stroke, improve memory and enhance soft tissue healing.
- specially breast cancer. For women above the age of 30 years and with no personal and family history of kidney stones, the USFDA recommendation for Calcium is 500mg. . Vitamin D3 2000-5000 IUs until serum level reaches 50-70. (No familial history or personal history of kidney stones ). Boost up the immune system, and prevent cancer. 200mg. For men, please ask your primary care doctor for the recommended dosage for you.
- 3. Multivitamin daily (anti-cancerous)
- 5. Methyl Folate 7.5mg for patients with depression; you can buy a stockpile bottle from Amazon. After three months can increase to 15mg. (helpful in preventing stroke and ). Vitamin C when somebody is sick in the family or a patient is sick due to a virus infection. 3000-5000 daily for one week. Maintenance Vitamin C is optional (1000mg)
- 3. Dr. Wang also recommends brisk walking outdoors, 2-3x /week, 10-15 minutes. Alone without a dog or another person. Dr. Oz recommends 20 mins strength training every lepression)
- 7. As well as Internal Family Systems therapy, by Dr. Richard Schwartz, to work on the parts, to help find and identify different elements and listen to their storles(1). parts work .e., these are why acupuncture, acupressure massage, or massage, chiropractor, yoga, Taiichi, qigong, dancing, singing, theater, martial arts, especially Aikido (Dr. W's favorite); is a definitive guide to your inner self; (2). textbook: internal family system therapy by Dr. Richard Schwartz). (3.) Audiobook: Body keeps the scorebook by Bessel van der Kolk.
- 3. Highly encourage patient MOE: conscious outdoor experience, local Audubon society or botanical garden, local yoga center, or local indigenous such as a local museum for a walk (not hiking). Yoga is an outdoor practice; it started outdoors in the forest, including a few postures, tree posts, cobra posts, etc.
- ). In terms of coping skills:

he marathon is excellent also or running long distances.

- 1). Breathing techniques are encouraged;
- ?). Distracting with music, fun activities, and tapping technique(please reference YouTube)
- 3). Problems-focused stress relief technique; Affirming pt.'s positive attributes two or three times a day, even once (download any positive affirmation or gratitude app)
  - 1). Continuously working on meditation techniques, especially the IFS system, Yoga, Taiichi, tapping technique, and acupuncture
- 5). Healthy exercise routine;
- Avoid destructive relationships;

Document 39-2 F 125 care associates, 03 16:43 pm 09 24-2024 8003523015 Wei Wang, MD -> David Ercolano (2 f2 3/24/24 03:17PM EDT 95) 9737795437 Pg psychiatric 7/25

3). Build better self-esteem, In the 1970s-1980s, every celebrity had a big house with a swimming pool. Then in the 1980s-1990s, every celebrity had a meditation room. But now the bragging among celebrities is that they have their acupuncturist. 7). Build some positive relationship(s) gradually

3reathing techniques are encouraged;

Distracting with music, fun activities, tapping technique(please reference YouTube)

Problems focused stress relief technique;

Continuously working on the meditation techniques, especially the IFS system, also Yoga, Taiichi, tapping technique and acupuncture 4ffirming pt.'s positive attributes two or three times a day even one(download any positive affirmation or gratitude app)

Healthy exercises routine;

Avoid destructive relationship;

Suild gradually some positive relationship(s)

Build better self-esteem

practice fusion

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03 16 43 pm 09 24 2024 | 8 | 8003523015 | 126 3/24/24 03:17PM EDT psychiatric care associates, Wei Wang, MD -> David Ercolano (2 fz 35) 9737795437 Pg 8/25

SOAP Note Wei Wang M D M.D 08/15/2024 35 yrs					Active patient				ald exploding plantases summer rise and a total and a		
ENCOUNTER  Office Visit  NOTE TYPE  SEEN BY  DATE  AGE AT DOS  Not signed		5mg 3/4 to 1 tab at night;		es compressos a commente de destina de compressos de commente de commente de commente de commente de commente	RACE ETHNICITY PREF. LANGUAGE STATUS	ab dan de mito mangang mengang memenan memenan da dalah dan da dan departu memenan persamban da da da da da da	@gmail	a maladada da mara da	R'S MAIDEN NAME		
FACILITY Psychiatric Care Associates T (201) 408-4487 F (800) 352-3015 35 W. Hudson Avenue Englewood, NJ 07631	eaningful Use, MC	ill anxious but much more controllable. 5/10 how long would last? half hour gets under control. quetiapine 25mg 3/4 to 1 tab at night; ill depressed: 5/10 throughout the day. It is still coming and go. It came.	oup on sertraline 150mg QAm PO uetiap ne 25mg the whole tab start to increase on Friday night and sat, pt can oversleep without problem. onazapine disconcernt		SEX Female  DATE OF BIRTH 07/19/1989  DATE OF DEATH		CONTACT BY LaurenAcarminucci@gmail COM HOME PHONE MOBILE PHONE OFFICE PHONE OFFICE EXTENSION		ucci PATIENT'S MOTHER'S MAIDEN NAME	Adda d sain i Buruman puman mangan mangan di Ambandin di Burum di Superiora na pumba di Adda dali di Ambanda d	
3/1989 5 sile 5535	<b>hief complaint</b> Appt time: 8/15/2024 12:00:00 PM) (Arrival time: 1:17 PM) Meaningful Use, MC	ill anxious but much more controllable. 5/10 how long would last? half l ill depressed: 5/10 throughout the day. It is still coming and go. It came.	oup on sertraline 150mg QAm PO uetiap ne 25mg the whole tab start to increase on Friday nig onazapine disconcernt	Patient identifying details and demographics	Lauren Carminucci	MATION	300 Coles St. Apt# 1909 Jersey City NJ 07310	ATION	Arthur Carminucci Spouse (862) 452-6364		-lusband: Arthur (862) 452-6364
tTIENT  auren Carminucci  0B  07/15  3E  35 yr  35 Yr  ₹N  CL35	hief complaint Appt time: 8/15/20	ill anxious but	oup on sertraline 150m uetiap ne 25mg the who onazapine disconcernt	Patient ident	FIRST NAME WIDDLE NAME AST NAME	CONTACT INFORMATION	ADDRESS LINE 1 ADDRESS LINE 2 CITY STATE 21P CODE	AMILY INFORMATION	VEXT OF KIN RELATION TO PATIENT HONE ADDRESS	ATIENT NOTES	Husband: Arth

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03'16 43pm 79-24-2024 9 803523015 127

1/24/24 03:17PM EDT psychiatric care associates, Wei Wang, MD -> David Ercolano (2 fa 15) 9737795437 Pg 9/25

Height Weight BMI  Diagnoses Nas diagnosis reconciliation completed? fes, reconciliation performed Jurrent ACUITY  F41.1) Generalized anxiety disorder  Chronic	08/15/24 1:17 PM 65 in 108 lb 17.97 77.97 77.87 870P 87ART 870P
gnosis reconciliation completed?  onciliation performed  service anxiety disorder	108 lb 17.97
gnosis reconciliation completed?  onciliation performed  seneralized anxiety disorder	108 lb 17.97
gnosis reconciliation completed? onciliation performed seneralized anxiety disorder	17.97
Seneralized anxiety disorder	
F43.10) Post-traumatic stress disorder, unspecified	
ACUTY	08/29/2024
F32.9) Major depressive disorder, single episode, unspecified	
Drug Allergies	
Nas medication allergy reconciliation completed?	
	SEVERITY/REACTIONS ONSET
Patient has no known drug allergies	gentry many representative for the second of
Food Allergies	
SEVERTY/A	SEVERITY/REACTIONS ONSET
No food allergies recorded	
Environmental Allergies	
SEVERITY/A	SEVERITY/REACTIONS ONSET

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03 16 43 pm 69 24 2024 10 8003523015 128 3/24/24 03:17PM EDT psychiatric care associates, Wei Wang, MD -> David Ercolano (2 fz 95) 9737795437 Pg10/25

Nas medication reconciliation completed?		marinama, de-late de para de para la sama marinama de late de differ de la para el el marinama marinama de la m	na sa sarahadada kada ayan ya da dagada man sapada da hada kada kada sarahada kada sarahada kada da daga da da
res, reconciliation performed			
ktive	SIG	START/STOP	ASSOCIATED DX
Cariprazine HCI (Vraylar) 1.5 MG Oral Capsule	Take 1 capsule by mouth daily	08/29/24 -	
EScript (verified): 08/29/24 Prescriber: Wei Wang M D M.D SIG: Take 1 capsule by mouth daily Refills: 2 Quantity: 30 EScript (cancellation requested): 08/29/24 Prescriber: Wei Wang M D M.D SIG: Take 1 capsule by mouth daily Refills	) M.D SIG: Take 1 capsule by mouth daily Refills: 2 Quantity: 30 :: We: Wang M D M.D SIG: Take 1 capsule by mouth daily Refills: 2 Quantity: 30	s: 2 Quantity: 30 outh daily Refills: 2 Quantity: 30	0
Jonazepam (clonazePAM) 0.125 MG Oral Tablet Disintegrating	1 tablet at night po qhs	08/08/24 -	
EScript (verified): 09/07/24 Prescriber: Wei Wang M D M.D SIG: 1 EScript (verified): 08/08/24 Prescriber: Wei Wang M D M.D SIG: 1	) M.D SIG: 1 tablet at n ght po qhs Refills: 0 Quantity: 30 ) M.D SIG: 1 tablet at n ght po qhs Refills: 0 Quantity: 30	antity: 30 antity: 30	H publisher and
Quetiapine Fumarate (SEROquel) 100 MG Oral Tablet	Take 1 tablet by mouth daily at bedtime	09/07/24 -	
Escript (verified): 09/07/24 Prescriber: Wei Wang M D M.D SIG: Take 1 tablet by mouth daily at bedtime Refills: 0 Quantity: 30 Escript (verified): 08/29/24 Prescriber: Wei Wang M D M.D SIG: Take 1 tablet by mouth daily at bedtime Refills: 0 Quantity: 30	) M.D SIG: Take 1 tablet by mouth daily at bedti ) M.D SIG: Take 1 tablet by mouth daily at bedti	ime Refills: 0 Quantity: 30 ime Refills: 0 Quantity: 30	
Historical	SIS	START/STOP	ASSOCIATED DX
Quetiapine Fumarate (SEROquel) 25 MG Oral Tablet	Take 1 tablet by mouth daily at bedtime	08/07/24 - 08/29/24	œ
Script (recorded): 08/15/24 Prescriber: Wei Wang M D M.D SiG: Take 1 tablet by mouth daily at bedtime Refills: 0 Quantity: 60 EScript (refill request): 08/08/24 Prescriber: Wei Wang M D M.D SiG: Take 1 tablet by mouth daily at bedtime Refills: 0 Quantity: 30	D.M.D.S.G. Take 1 tablet by mouth daily at bedt g.M.D.M.D.SIG. Take 1 tablet by mouth daily at	time Refills: 0 Quantity: 60 : bedtime Refills: 0 Quantity: 30	
Quetiapine Fumarate (SEROquel) 25 MG Oral Tablet	Take 2 tablets by mouth 2 times per day	08/28/24 - 09/07/24	
Escript (cancellation denied): 08/29/24 Prescriber: Wei Wang M	ei Wang M D M.D SIG: Take 2 tablets by mouth 2 times per day Refills: 0 Quantity: 120	2 times per day Refills: 0 Quar	ntity: 120
ertraline HCI 100 MG Oral Tablet	1.5 tabs QAM PO	08/07/24 - 08/29/24	•
EScript (cancellation requested): 08/15/24 Prescriber: Wei Wang M D M.D SIG: 1.5 tabs QAM PO Refills: 0 Quantity: 45 EScript (verified): 08/08/24 Prescriber: Wei Wang M D M.D SIG: Take half of a tablet by mouth daily in the morning Refills: 0 Quantity: 30	: Wei Wang M D M.D SIG: 1.5 tabs QAM PO Refills: 0 Quantity: 45 ) M.D SIG: Take half of a tablet by mouth daily in the morning Ref	fills: 0 Quantity: 45 in the morning Refills: 0 Quant	IRY: 30
sertraline HCI 50 MG Oral Tablet		- 08/08/24	•
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03°16 43 p.m '09-24-2024 11 8003523015	129		-

3/24/24 03:17PM EDT psychiatric care associates, Wei Wang, 95) 9737795437 Pg11/25 (2 MD -> David Ercolano

Family health history	The same of the sa
DIAGNOSIS	ONSET DATE
FAMILY HEALTH HISTORY (FREE TEXT)	
No family health history (free text)	
available for this patient.	

#### Objective

# Comprehensive Mental Status

- Appearance: adequate dressed, adequately groomed. pleasant and cooperative.
- Mood or Affect: (Sad/much less Depressed/Expansive/Labile/Happy/much less Anxious) able to use various coping skills learned here. AAO x 3
- Speech: (Normal/Soft/Loud/Pressured/Irregular/Regular)
- Thought process: (No Formal Thought Disorder, Tangential, Circumstantial, Flight of Ideas, Looseness of Association)
  - Psychomotor Activity: (Normal/Hyper/Agitated/Restless/Slow/Retardation)
- Defusions (Yes or No)
- Hallucinations (Yes or No)
- Paranoia (Yes or No)
- Insight/judgment to mental illness or addiction: (Limited/Intact/Impaired/Fair)
- Motivation to Change (Yes or No.)
  - Suicidal ideation (Yes or No.)
- Intend (Yes or No) Plan (Yes or No)
- Homicida ideation (Yes or No.)
- Intend (Yes or No) Plan (Yes or No).
- Memory (short term and long term) (slightly or remarkably impaired or intact)
  - Abstract Thinking (concrete, not psychologically minded, age-appropriate)

#### Assessment

lease keep one copy in your wallet.

Please print out this in your study or bathroom, or kitchen

Dr. Wang's regimen for vitamins is: (1/2 the doses for children)-

- . Advise B complex if the vascular disease in the family or self An additional B12 500mg daily to prevent stroke, improve memory and enhance soft tissue healing.
- especially breast cancer. For women above the age of 30 years and with no personal and family history of kidney stones, the USFDA recommendation for Calcium is 500mg-2. Vitamin D3 2000-5000 IUs until serum level reaches 50-70. (No familial history or personal history of kidney stones ). Boost up the immune system, and prevent cancer, 1200mg. For men, please ask your primary care doctor for the recommended dosage for you.
- 3. Multivitamin daily (anti-cancerous)
- 1. Vitamin C when somebody is sick in the family or a patient is sick due to a virus infection. 3000-5000 daily for one week. Maintenance Vitamin C is optional(1000mg)

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03° 16 43 p m 09 - 74 2024 12 8003523015	130		

3/24/24 03:17PM EDT psychiatric care associates, 98) 9737795437 Pg12/25 Wei Wang, MD 3. Highly encourage patient MOE: conscious outdoor experience, local Audobon society or botanical garden, local yoga center, or local indigenous such as a local museum for a . As well as internal Family Systems therapy, by Dr. Richard Schwartz, to work on the parts, to help find and identify different elements and listen to their stories(1). parts work ss a definitive guide to your inner self; (2), textbook: internal family system therapy by Dr. Richard Schwartz). (3.) Audiobook: Body keeps the scorebook by Bessel van der Kolk. e., these are why acupuncture, acupressure massage, or massage, chiropractor, yoga, taichi, qigong, dancing, singing, theater, martial arts, especially Aikido (Dr. W's favorite); 5. Dr. Wang also recommends brisk walking outdoors, 2-3x /week, 10-15 minutes. Alone without a dog or another person. Dr. Oz recommends 20 mins strength training every 5. Methyfolate 7.5mg for patients with depression; you can buy a stockpile bottle from Amazon. After three months can increase to 15mg. ( helpful in preventing stroke and 3), Build better self-esteem. In the 1970s-1980s, every celebrity had a big house with a swimming pool. Then in the 1980s-1990s, every celebrity had a meditation room. But Problems-focused stress relief technique; Affirming pt's positive attributes two or three times a day, even once (download any positive affirmation or gratitude app) walk (not hiking). Yoga is an outdoor practice; it started outdoors in the forest, including a few postures, tree posts, cobra posts, etc. 4). Continuously working on meditation techniques, especially the IFS system, Yoga, Taichi, tapping technique, and acupuncture ?). Distracting with music, fun activities, and tapping technique(please reference Youtube) tow the bragging among celebrities is that they have their acupuncturist.

he marathon is excellent also or running long distances.

Breathing techniques are encouraged;

3. In terms of coping skills:

(F43.10) Post-traumatic stress disorder, unspecified Jan

(F32.9) Major depressive disorder, single episode, unspecified

Diagnoses attached to this encounter:

(F41.1) Generalized anxiety disorder

7). Build some positive relationship(s) gradually

5). Avoid destructive relationships;

5). Healthy exercise routine;

sycho-education on Mental Illness or (and) Addiction Benefit/Risks of Psychotropics (Yes). Vo orders attached to this encounter. Vo orders attached to this encounter sychopharmacology (Yes) iupportive Therapy (Yes) reatment plan(s): MAGING ORDERS AB ORDERS Orders

David Ercolano (2 fz

Filed 04/18/25 Page 17 of 22 PageID: Case 2:24-cv-02096-JXN-SDA Document 39-2

03 16 43 pm 09-24-2024 [13] 6003523015 131 3/24/24 03:17 PM EDT psychiatric care associates, Wei Wang, MD -> David Ercolano (2 fa 9737795437 Pg13/25

ntervention  Case management follow up (procedure)  Anxiety disorder medication review  ntervention  Procedure  Procedure  Procedure  Sleep disorder care management program (regime/therapy)  Sleep disorder care management program (regime/therapy)  Procedure  Neight control education (procedure)  Intervention  Observations  Observations  Able to get in and out of a chair  Cognitive status  Able to comprehend language  Cognitive status  Able to comprehend language  Cognitive status  Able to analyze information  Able to analyze information  Able to analyze information  Ans diagnosis reconciliation completed?  Fes. reconciliation performed  Ans medication for current medications  Transfer of Care - incoming	Performed
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	Performed
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	Performed
	DATE
	08/15/2024
	08/15/2024
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ocumentation of current medications ansfer of Care - incoming	AAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAA
ransfer of Care - incoming	
Patient Decision Aids / Education Materials Given	терентерия салогория старут на выпасава с с пределава на навазана веред на населения с середней пределения с п

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03 16 43 pm'09 24 2024 | 15 | 8003523015 | 132 3/24/24 03:17PM EDT psychiatric care associates, Wei Wang, MD -> David Ercolano (2 fz 9737795437 Pg15/25

Office Visit  Office Visit  NOTE TYPE SOAP Note SEEN BY Wei Wang M D M.D  DATE 08/29/2024  AGE AT DOS 35 yrs  Not signed		FACE  FTHNICITY  PREF. LANGUAGE  - STATUS  Active patient		
Office Office NOTE SEEN I DATE AGE A NOT SI		RACE ETHNICITY PREF. LANG	garaii.	S MAIDEN NAN
ociates		Fernale 07/19/1989 - CL355535	LaurenAcarminucci@gmail .com (973) 896-6627	PATIENT'S MOTHER'S MAIDEN NAME
FACILITY Psychiatric Care Associates T (201) 408-4487 F (800) 352-3015 35 W. Hudson Avenue Englewood, NJ 07631		SEX DATE OF BIRTH DATE OF DEATH PRN	CONTACT BY EMAIL HOME PHONE MOBILE PHONE OFFICE PHONE	minucci
ATIENT  auren Carminucci  OB 07/19/1989  SE 35 yrs  SX Female  RN CL355535  hief complaint  appt time: 8/29/2024 12:00:00 PM) (Arrival time: 10:03 AM) eaningful Use GM	Patient identifying details and demographics	Lauren	300 Coles St. Apt# 1909 Jersey City NJ 07310	Arthur Carminucci Spouse (862) 452-6364
auren Carminucci OB 07/19/1989 3E 35 yrs 3X Female 3N CL355535 hief complaint ppt time: 8/29/2024 12:00:0 eaningful Use GM	atient identifying del	FIRST NAME MIDDLE NAME LAST NAME SSN CONTACT INFORMATION.	ADDRESS LINE 1 ADDRESS LINE 2 CITY STATE ZIP CODE	VEXT OF KIN VEXT OF KIN VELATION TO PATIENT PHONE ADDRESS VATIENT NOTES

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03 16 43 p.m 09 24-2024 16 8003523015 133 3/24/24 03:17 PM EDT psychiatric care associates, Wei Wang, MD -> David Ercolano (2 fz 95) 9737795437 Pg16/25

Height Weight BMI	ACUITY START Chronic	08/29/24 10:04 AM 65 in 108 lb 17.97
		65 in 108 lb 17.97
		108 lb 17.97
		17.97
Diagnoses		
Nas diagnosis reconciliation completed? fes, reconciliation performed		
Current	ronic	STOP
F41.1) Generalized anxiety disorder Chror	ronic	gas sille saat la marrie a betsete preper en grek brokselbet of despres tre dels followerspresses ween dels bit der plot y i
F43.10) Post-traumatic stress disorder, unspecified		
ACUITY	UITY START	STOP
F32.9) Major depressive disorder, single episode, unspecified	Chronic	08/29/2024
Drug Allergies		
Nas medication allergy reconciliation completed?		
Active	SEVERITY/REACTIONS	ONSET
Patient has no known drug allergies		en anne anne anne anne anne anne anne a
Food Allergies		ориде Адрай или два два двагар от суртан и неофициання на Мар, «тех и пункти неофициання под двагар тех суртан
ACTIVE.	SEVERITY/REACTIONS	ONSET
No food allergies recorded		дейстуу фоломоны делунийн үч тараан тара
Environmental Allergies		
Active	SEVERITY/REACTIONS	ONSET

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03 16 43 pm 09 24-2024 17 8003523015 134

3/24/24 03:17PM EDT psychiatric care associates, Wei Wang, MD -> David Ercolano (2 f2 95) 9737795437 Pg17/25

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SISONS	ONSET DATE	03 37
Family health history recorded	The state of the s	: 17 795
MILY HEALTH HISTORY (FREE TEXT)	AAAS AN GALAAAN AMAANAAN AAN AAN AAN AAN MAAAAN AY NAAAAN AY AAN AAN AAN AAN AAN A	PM 43
family health history (free text) available for this patient.		EDT 7 Pg
<b>jective</b> mprehensive Mental Status Appearance: Adequately dressed. Adequately groomed. Pleasant and cooperative.		6003523015 psychiatric 18/25
AAO x 3 Mood or Affect: (Sad/ <b>Depressed</b> /Expansive/Labile/Happy/ <b>Slightly less Anxious)</b> Speech: ( <b>Norma</b> l/Soft/Loud/Pressured/Irregular/Regular)		care
Thought process: ( <b>No Formal Thought Disorder</b> , Tangential, Circumstantial, Flight of Ideas, Looseness of Association) Psychomotor Activity: ( <b>Normal/</b> Hyper/Agitated/Restless/Slow/Retardation) Delusions (Yes or <b>No</b> ) Hallucinations (Yes or <b>No</b> )		associa
raiding (res of No) Insightyjudgment to mental illness or addiction; (Limited/Intact/Impaired/Fair) Monivation to Change (Yes or No)		tes,
Suicidal ideation (Yes or No)		Wei
Homicidal ideation (Yes or No) Intend (Yes or No) Plan (Yes or No).		Wat
Memory (short term and long term) (slightly or remarkably impaired or <b>intact</b> ) Abstract Thinking (concrete, not psychologically minded, <b>age-appropriate)</b>		ng, M
sessment		D ->
ase keep one copy in your wallet. ase print this out to place in your study, bathroom or kitchen		David
Wang's regimen for vitamins is: (halve the doses for children)- 3 complex if there is history of vascular disease in the family or self, and an additional B12 500mg daily to prevent stroke, improve memory and enhance soft tissue healing.  Altamin D3 2000-5000 IUs until serum level reaches 50-70. (Only if there is no family history or personal history of kidney stones). Vitamin D3 will boost up the immune tem and prevent cancer (especially breast cancer). For women above the age of 30 years and with no personal and family history of kidney stones, the USFDA	and enhance soft tissue healing. } will boost up the immune stones, the USFDA	Ercolano
ommendation for Calcium is 500mg-1200mg. For men, please ask your primary care doctor for the recommended dosage for you.		(2

Comprehensive Mental Status

Objective

No family health history (free text)

No Family health history recorded FAMILY HEALTH HISTORY (FREE TEXT)

Family health history

SIAGNOSIS

## **Assessment**

Rease keep one copy in your wallet.

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3. Multivitamin daily (anti-cancerous) 1. Take Vitamin C.when somebody is sick in the family, or if you are sick due to a virus infection. 3000-5000 daily for one week. Maintenance Vitamin C is optional (1000mg).	
	109 24-2024
every week. 7. Dr. Wang recommends the book "internal Family Systems Therapy", by Dr. Richard Schwartz. As well as "Parts Work: An Illustrated Guide to Your Inner Life" by Tom Holmes. And finally, "The Body Keeps the Score" by Bessel van der Kolk. Other activities that Dr. Wang recommends include acupuncture, acupressure massage, massage, chiropractic	19
reatment, yoga, Tai Chi, Qi Gong, dancing, singing, theater, martial arts (especially Aikido), and long-distance running. 3. Dr. Wang highly encourages MOE (mindful outdoor experiences). Examples include supporting your local Audobon society or botanical garden, local yoga center, or local nuseum for a walk. Yoga is also an outdoor practice; it started outdoors in the forest, and includes movements and poses inspired by nature (e.g. tree pose, cobra pose, etc.)	8003523
<ol> <li>In terms of coping skills:</li> <li>Breathing techniques are encouraged</li> <li>Distracting yourself with music, fun activities, and the "tapping" technique (please reference YouTube)</li> <li>Problems-focused stress relief technique; Affirming pt's positive attributes two or three times a day, or even just once (download any positive affirmation or gratitude app)</li> <li>Problems-focused stress relief technique; Affirming pt's positive attributes two or three times a day, or even just once (download any positive affirmation or gratitude app)</li> </ol>	JXN-SDA chiatric 5
<ul> <li>3) Having a healthy exercise routine</li> <li>3) Avoiding destructive relationship(s)</li> <li>3) Avoiding destructive relationship(s)</li> <li>3) Build better self-esteem. In the 1970s-1980s, every celebrity had a big house with a swimming pool. Then in the 1980s, every celebrity had a meditation room. But now self-esteem and other holistic healing techniques for a health er and better quality of life.</li> </ul>	Document 3
Diagnoses attached to this encounter: (F32.9) Major depressive disorder, single episode, unspecified	39-2 F 136 : <b>iates</b> ,
(F41.1) Generalized anxiety disorder	Filed We:
(F43.10) Post-traumatic stress disorder, unspecified  lan	04/18/ i Wang
Freatment plan(s): Supportive Therapy (VES) Sychopharmacology (VES)	
<b>&gt;sycho-education</b> on Mental Illness and/or Addiction Benefit/Kisks of Psychotropics (Tes)	ge 22 ( Davi
Jrders AB ORDERS	
Vo orders attached to this encounter.	
MASING ORDERS	jeID: Lano
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	f2